

## Key Stage 2 PSHE Long Term Plan

Each half term we cover at least one session on current affairs (**Window on the World**) as well as making links to our School Values.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<p><b><u>Healthy Lifestyles</u></b> Aspirations, Healthy Eating and dental hygiene.</p>	<p><b><u>Staying safe</u></b> Firework Safety, Anti-Bullying, Road Safety, 999.</p>	<p><b><u>Good to be Me (*EH&amp;WB)</u></b> New Year's Resolutions (Goals), Job aspirations and gender stereotypes, Understanding racism.</p>	<p><b><u>Citizenship (**EWB&amp;FC)</u></b> The role of voluntary, community and pressure groups. Resolving differences. Rights (Reviewing class rules). Anti-social behaviour.</p>	<p><b><u>Drug Education</u></b> Resisting peer pressure. Medicine safety and understanding the word drug.</p>	<p><b><u>Friendships and changes</u></b> The Body, Changes &amp; Personal Space</p>
Year 4	<p><b><u>Healthy Lifestyles</u></b> Aspirations, Fitness, exercise and diet.</p>	<p><b><u>Staying safe</u></b> Firework Safety, Anti-Bullying, Road Safety, 999.</p>	<p><b><u>Good to be Me (*EH&amp;WB)</u></b> New Year's Resolutions (Goals), Positive friendships, Understanding Cyber-bullying.</p>	<p><b><u>Citizenship (*EWB&amp;FC)</u></b> National Diversity and understanding others (inc. faith &amp; race). Rights (reviewing class rules and laws). Anti-social behaviour.</p>	<p><b><u>Drug Education</u></b> Resisting peer pressure. Medicine safety and understanding the word drug.</p>	<p><b><u>Friendships and changes</u></b> Body Parts, &amp; Relationships, animal life cycles</p>

Year 5	<p><b><u>Healthy Lifestyles</u></b> Aspirations, Bacteria and viruses. Pocket money.</p> <p>Criminal law lawyer visit Learning rights and wrongs and consequences</p>	<p><b><u>Staying safe</u></b> Firework Safety, Anti-Bullying, Road Safety, Mini First Aid</p>	<p><b><u>Good to be Me (*EH&amp;WB)</u></b> New Year's Resolutions (Goals), Job aspirations and gender stereotypes, Understanding physical &amp; mental bullying.</p>	<p><b><u>Citizenship (*EWB&amp;FC)</u></b> Resolving differences. Financial capability and economic sustainability. Rights (reviewing class rules, laws &amp; democracy). Anti-social behaviour.</p>	<p><b><u>Drug Education</u></b> Resisting peer pressure. Smoking</p>	<p><b><u>Friendships and changes</u></b> Relationships, Body Image &amp; Puberty</p>
Year 6	<p><b><u>Healthy Lifestyles</u></b> Aspirations, Mental health and personal hygiene.</p> <p>Criminal law lawyer visit Learning rights and wrongs and consequences</p>	<p><b><u>Staying safe</u></b> Anti-Bullying, Road Safety, Mini First Aid training, Cycling Proficiency.</p>	<p><b><u>Good to be Me (*EH&amp;WB)</u></b> New Year's Resolutions (Goals), Positive friendships, Where individuals and families can get help and support. Understanding disabilities.</p>	<p><b><u>Citizenship (*EWB&amp;FC)</u></b> Financial capability and economic sustainability. How the media represent information. Rights (reviewing class rules, democracy, laws &amp; how they are made and changed). Anti-social behaviour.</p>	<p><b><u>Drug Education</u></b> Which commonly available substances and drugs are legal and illegal. Their effects and risks.</p>	<p><b><u>Friendships and changes</u></b> Body Image, personal hygiene Changing Relationships &amp; Transition.</p>

\*Emotional Health & Wellbeing \*\*Economic Wellbeing and Financial Capability