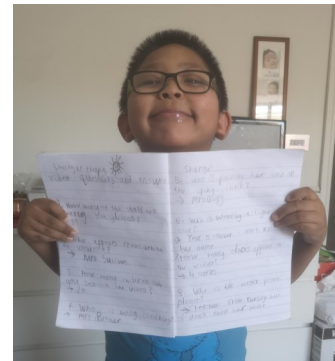


Maybury News

Believe. Succeed. Achieve.

Home Learning Newsletter

Welcome back after the half term holidays. We hope you had a chance to enjoy the sunshine and had a little rest from home learning. Aarya has been missing school so much that she decided to make and paint a model of our school—what a creative idea! Shangai loved watching the new staff video and answered all the questions we set in the last newsletter, well done Shangai! Watch it again using the following link: <https://youtu.be/3a5TWwKpeiw>



Eid Mubarak

Since our last newsletter, our Muslim children and staff will have celebrated Eid (which marks the end of Ramadan). We hope you enjoyed your special day with the people in your household. You may have enjoyed eating some tasty food, wearing smart clothes and opening some new gifts. If you celebrated Eid, please do send in photos of your special day.



Special occasions

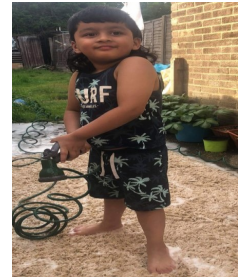
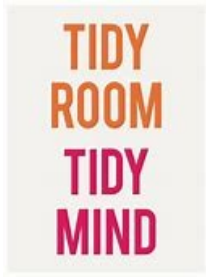
Happy birthday to all those children and staff who have celebrated their birthday since the last newsletter -especially to Mrs Horne who had a special birthday during half term. Look at the beautiful birthday bunting in her the garden. These children have put up colourful balloons and what fantastic party hats! Lockdown birthday are different but can still be lots of fun!



Home learning Newsletter

Helping at home

It is lovely to see these children helping with the washing up and cleaning at home. You are never too young to help around your house— perhaps start by tidying up your toys or making your bed in the morning.



Healthy body

These children have been enjoying the sunny weather and making sure they keep doing regular exercise. Exercise helps strengthen your bones and muscles which can help you stay fit and active when you are older. It is recommended that doing at least 1 hour of exercise every day to keep us fit and strong.

Seven reasons to keep fit this lockdown (and afterwards):

1. Exercise is good for your heart.

Did you know your heart is actually a muscle? Like other muscles in your body, your heart will get bigger and stronger with exercise because it has to pump blood round your body faster.



2. Exercise makes your body better.

Some activities such as football or skipping can make you stronger so you can run faster or for longer. Some exercise such as dancing and yoga makes your body more flexible and others like cricket might improve skills such as batting or catching.



3. Exercise is good for your mood.

Whilst different exercises maybe be good for different parts of your body, all exercise is good for your mood! When you exercise, you brain releases feel good chemicals which make you feel happier and more relaxed.



4. Exercise Helps You Concentrate.

Believe it or not, exercising every day actually helps your concentration by improving the blood flow to your brain. This helps you stay alert and provides the nutrients and oxygen your brain needs to work at its best.



5. Exercise Helps You Sleep Better.

Although it's best not to exercise just before bed, exercising during the day will increase your body temperature and releases tension. As your body cools down afterwards over the next few hours it makes it easier to fall into a deep sleep.



6. Practice Makes Perfect.

You may find you love a particular sport. Regular practice will help you become even better at playing your favourite sports as well as keeping your body healthy.

7. Exercise is fun!

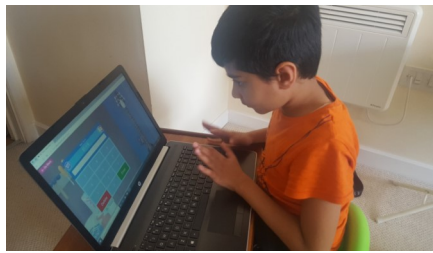
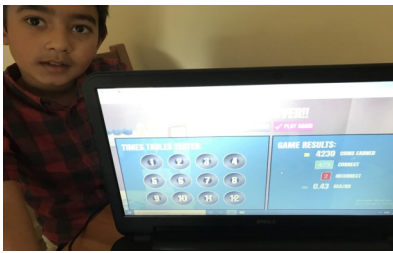
Exercise can be great fun. Remember you don't have to enjoy playing sports to exercise. Running about with your siblings, riding your bike, roller blading or even skipping are all classed as exercise too so there are plenty of fun ways to stay active.

Home learning Newsletter

Times Table Rock Stars

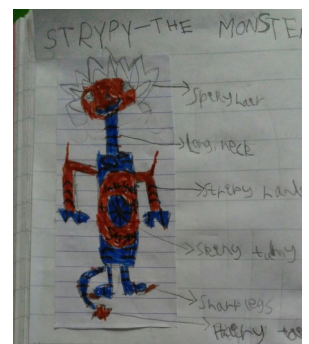
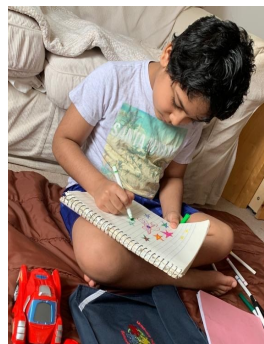
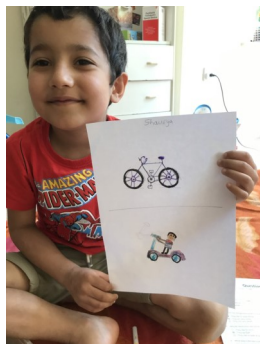
The table below shows the winners for the TTRS competition that ran during half term. Well done to Seahorses who won overall with a massive 55,360 points! The next competition (which will run until 15th June) will be a girls verses boys competition! Remember the more times you play, the more points you will get.

Class	Score	Verses	Score	🌟 Winners
Seahorses	55,360	Dolphins	4,960	Seahorses
Angelfish	29,332	Jellyfish	4,800	Angelfish
Manta Rays	14,555	Sea Turtles	6,339	Manta Rays



Being creative

Lots of you have been very creative during half term! These children have been: making bunting, drawing, cooking, lining up their toys and creating thoughtful notes for their teachers. What creative activity could you do at home this week?



Keep in contact

Keep sending home learning photos to: homelearning@maybury.surrey.sch.uk. Only send photos and videos if you are happy for them to appear on the newsletter and website. Remember to keep checking the website every day to find the new home learning for that day—these are a guide for what you can do but don't worry if you don't complete everything. We will be welcoming back some more children next week but the home learning will continue to be set on the website and teachers will still be checking their class emails daily.

