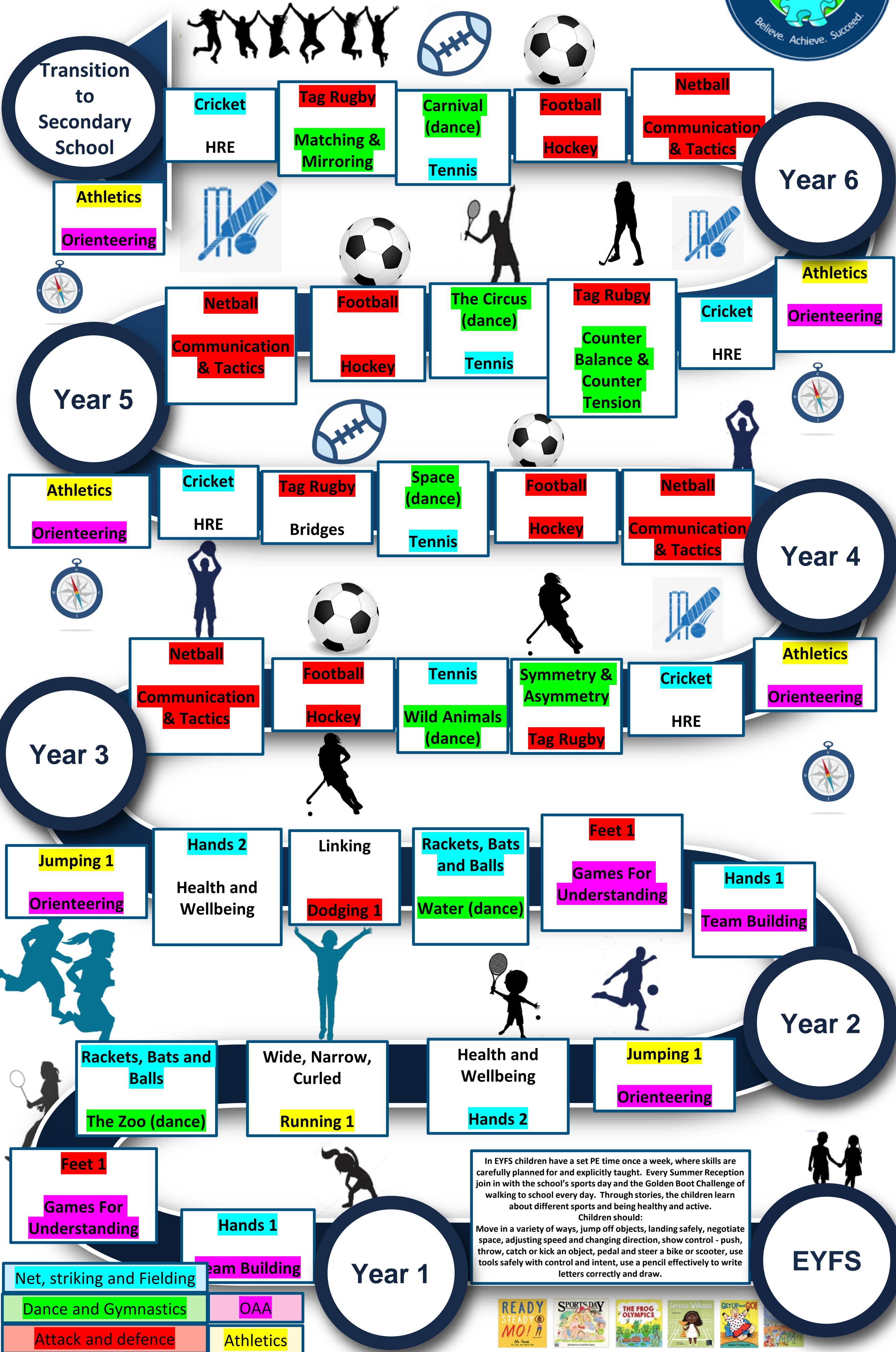


# P.E Learning Journey

Believe, Achieve, Succeed.



At Maybury, we allow children to have lots of opportunities to be as active as possible. It is the national guideline that our children should be doing an hour of exercise every day with 30 minutes of this being in school – this is in addition to PE lessons. We have a high-quality PE curriculum that covers a variety of sports and skills. The aim is to inspire children to take part in different sports and succeed in developing their skills further. As part of the key PE indicators, our children should become confident in their physical abilities and know how these help them support their health – this links to the new KS2 unit of Health-related exercise. Furthermore, we want the children to apply key values to their sport, such as respect and fairness to become effective sportsmen and sportswomen.